

General Disclaimer

All information on HealthyMinds.org is copyrighted © by the [American Psychiatric Association](#). The information contained on the HealthyMinds.org Web site is not intended as, and is not, a substitute for professional medical advice. All decisions about clinical care should be made in consultation with your treating physician. If you need help with a mental health issue, please visit our resource page. The APA is not responsible for any actions or inaction on your part based on the information that is presented on this Website. Use of this Website or any of its Content does not create a physician-client relationship with the APA or any of its members.

Blog Disclaimer

The opinions expressed by the Healthy Minds. Healthy Lives. bloggers and do not reflect the opinions of the American Psychiatric Association. The information posted on the Healthy Minds. Healthy Lives blog is not intended as, and is not, a substitute for professional medical advice. All decisions about clinical care should be made in consultation with your treating physician. If you need help with a mental health issue, please visit our resource page.

Comment Disclaimer

The opinions expressed by those providing comments do not reflect the opinions of the American Psychiatric Association. All comments are reviewed before posting and comments that include profanity or other inappropriate comments or material will not be posted. The comment section is not intended as, and is not, a substitute for professional medical advice. All decisions about clinical care should be made in consultation with your treating physician. If you need help with a mental health issue, please visit our resource page. Comments remain open on the current entry only.

Liability Limitation

The APA is not responsible for the conduct, whether online or offline, of any user of the Website or any other person. With respect to the Website, the APA assumes no responsibility for any error, defect, interruption, deletion, delay in operation or transmission, theft, communications line failure, or destruction of data, or any unauthorized access to, or alteration of, any communications. Under no circumstances will the APA be responsible for any loss or damage resulting from any use of the Website, any content posted on the Website by or transmitted to, or any interactions between, any users of the Website, whether online or offline. The APA neither represents, warrants, covenants, guarantees, nor promises any specific results from use of the Website.